

Shield Row Primary School Sports Premium Strategy 2023/24

Since 2013, the government has provided schools with Sports Premium funding with the understanding that this money is to be used to improve and then maintain the high-quality sports teaching that should be going on in schools. Overtime, the outcomes desired by the government have been adapted and others added as research has demonstrated the real power of sport and PE.

The obvious and more traditional advantages of Sport and PE are the physical movement skills that develop through learning different sports and the improvement in our health and fitness if we take part in sport regularly. From more recent research, sport has been found to be beneficial in many other ways than initially thought. Sport has been recognised as a significant factor in improving mental health and wellbeing of a person while also developing their hidden and less measurable skills such as leadership and teamwork.

In turn, this funding should be used to ensure children leaving primary education are physically and mentally fit for the next part of their lives and have developed their physical skills and/or nurtured talents they already had. Schools have the flexibility to spend their funding in the best way for their cohort and circumstances. Now more than ever, due to COVID-19 disruption, is particularly important.

'All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.' - DFE About the PE and sport premium

Our school has been allocated £17, 350

Swimming Data

Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	52%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	39%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	35%

Action Plan and Budget Tracking

Intent	Implementation		Impact
<p>Physical skills and wellbeing</p> <p>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity - Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</p>	<ul style="list-style-type: none"> • Fund training for KS2 Play Leaders who can set up and lead games/ activities at breaktimes to encourage active play. • Release PE lead to set up and train KS2 children to run lunchtime orienteering • Equipment purchased to be used specifically at playtime to encourage children to complete recommended physical activity • Release PE lead to set up 'Skip2bit' challenge - all children to have daily skipping slot • Fund class sets of digital skipping ropes to enable skipping challenge to run • Fund sports coach to facilitate sport over lunch time x 2 per week 	<p>£4450</p>	<p>This year, we have spent time and money developing playtime equipment boxes and we can confidently say the children enjoy their active playtime. Through pupil voice with the children, we have found that they enjoy the variety of options on offer. Skip2bfit sessions are scheduled 3 x per week with all children taking part. From observation it is clear to see the progress that the children have made, both with their skipping ability and their levels of fitness. A sports coach has facilitated football games over lunchtime, this has resulted in an increase in the number of children opting to take part. From staff observations, we have noticed an improvement in the activity levels of children across the school, particularly those we identified as less physically active at the beginning of the year.</p> <p>Play leaders were trained by an external coach and have been supported by our PE lead. On reflection a more systematic approach needs to be implemented to support the pupils to achieve what they want to achieve. BR will be working with the children to establish this next year.</p>
Intent	Implementation		Impact
<p>High quality PE teaching</p> <p>Development and application of skills</p> <p>Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement.</p>	<ul style="list-style-type: none"> • School to participate in the festivals and competitions run through the Derwentside partnership • Play leaders to set up and lead games/ activities at break times to encourage active play. • Set up 'personal challenge' initiative to encourage children to get active using Skip2bfit programme • Offer a range of extracurricular clubs - school and sports coach led - KS1 and KS2 • Sports lead to lead school in the mission to achieve the silver games award 	<p>£5000</p>	<p>This year we have offered a range of extra-curricular sports clubs, including: netball, football, tag rugby, dodgeball, multi-skills and yoga. These have been open to all pupils and have been well attended. Through the Derwentside partnership we have been able to give the children the opportunity to take part in a range of festivals and competitions, including: gymnastics, dance, netball, hockey, football, multi-skills and athletics. Every child has had the opportunity to take part in a festival or competition. Five of our pupils got through to the county athletic finals. Children have also taken part in a bounce event in school, having</p>

	<ul style="list-style-type: none"> Fund Family Fitness day event 		fun on trampolines to improve fitness, and a Family Fitness day which gave parents/ carers the opportunity to come into school and take part in some physical activities alongside their children and raise the profile of PESSPA. One of our mental health and wellbeing focuses this year has been 'health and fitness' with families engaging in a number of healthy cooking and fitness activities at home.
Intent	Implementation		Impact
<p>High quality PE teaching Skill development and application Wellbeing</p> <p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p>	<ul style="list-style-type: none"> PE lead to monitor PE sessions and support staff to strengthen teaching and learning Implement the use of Getset4PE assessment - devise CPD session, staff training, monitoring Allocate non-contact time for PE lead to develop CPD/ support materials to further develop staff skills and knowledge. Audit resources - fill any resource gaps and upgrade resources where needed. 	£3500	Staff have been able to familiarise themselves with Get Set 4 PE planning/ approaches and build confidence in the delivery of lessons this year. Video tutorials provide on demand CPD for staff. Observations have demonstrated high quality sessions which are adapted to suit the differing needs of pupils. We have invested in small equipment to replace/ enhance school's resources. Looking ahead to next year some of our larger equipment, such as gymnastic resources. Will need to be upgraded.
Intent	Implementation		Impact
<p>High Quality PE teaching and coaching Skill development and application</p> <p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.</p> <p>Key indicator 5: Increased participation in competitive sport.</p>	<ul style="list-style-type: none"> KS1 and KS2 - sports coach led after school multi-skills session to encourage more children to participate in sport and physical activity after school Access all competitions available through Derwentside Partnership and local football league. Fund transport so accessible for all. PE lead deliver staff meeting to ensure all staff have a clear understanding of school's intent in PE and there is a clear approach to implementation and assessment Fund team kits PE coach funded to work with UKS2 to prepare children for competitive sport Box2bfit session scheduled to introduce children to new sports/ increase focus on personal fitness 	£4500	The long term plan for PE has been reviewed and mapped out to ensure clear progression of skills as children move through schools. The PE lead has also aligned this to competitions. School has a full set of sport kits that children can use when competing. Through additional training sessions and use of a coach, children in UKS2 are well supported to achieve their potential and perform well at local tournaments. All children in school have taken part in a Box2bfit session. This was followed up in our family fitness day where children were able to show their parents/ carers how to complete the activities. The Derwentside Partnership SLA has allowed all pupils to take part in a festival or competition.